

# WAJEEHA TAHIR

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## ▪ PERSONAL PROFILE

Date of Birth : 01-11-1986  
CNIC No : 38403-6383103-0  
Mobile No : +923377052959  
Religion : Islam  
Domicile : Sargodha  
Nationality : Pakistani  
Marital Status : Married

## ▪ OBJECTIVES

To join an institute with broad vision & mission providing me an opportunity of career growth and there I could learn and serve, at the same time utilizing my fresh professional knowledge with confidence.

## ▪ ACADEMIC QUALIFICATIONS

<b>Ph.D</b>	<b>Clinical Psychology</b>		<b>In Process</b>
Department of Psychology, University of Sargodha, Sargodha			
<b>M.Phil (1st position)</b>	<b>Clinical Psychology</b>	<b>3.80 CGPA</b>	<b>2013-2015</b>
Department of Psychology, University of Sargodha, Sargodha			
<b>M.Sc. (Bronze Medalist)</b>	<b>Psychology</b>	<b>3.45 CGPA</b>	<b>2007-2009</b>
Department of Psychology, University of Sargodha, Sargodha			
<b>BSc. (Gold Medalist)</b>	<b>Humanities</b>	<b>574/800</b>	<b>2005-2007</b>
University of Sargodha, Sargodha			
<b>M.A. (1st Division)</b>	<b>Islamic Studies</b>	<b>637/1000</b>	<b>2012 (Composite)</b>
University of Sargodha, Sargodha			
<b>B.ED (1st Division)</b>	<b>General Arts</b>	<b>602/900</b>	<b>Spring, 2013</b>
Allama Iqbal Open University, Islamabad			
<b>F.A (1st Division)</b>	<b>Humanities</b>	<b>744/1100</b>	<b>2003-2005</b>
Sargodha Board			
<b>Matriculation (1st Division)</b>	<b>Science</b>	<b>543/850</b>	<b>2001-2003</b>
Federal Board			

## ▪ ACHIEVEMENTS

- First position in M.Phil Clinical Psychology (2013-2015)
- Bronze Medalist in MSc Psychology (2007-2009)
- Gold Medalist in Sargodha University in B.A / B.Sc Annual exams (2005-2007)
- Invited in 18th star award ceremony conducted by South Asia Publications at Karachi for the recognition of my outstanding performance of BSc (February 8, 2007)
- Invited in Annual Dinner held by South Asia Publications at Islamabad (July 21, 2008)

## ▪ PRESENT STATUS

- Working as a Lecturer (BPS-18) in Department of Applied Psychology since February, 24, 2020 to date at University of Sahiwal.

## ▪ PROFESSIONAL EXPERIENCE

- Worked as teaching assistant in Department of Psychology, University of Sargodha (11-03-2012 to 10-03-2015)
- Three-year experience as research assistant in University of Sargodha.
- Three-year experience as examination assistant in Department of Psychology, University of Sargodha.
- One year experience of internship as teaching, research and examination assistant in Department of Psychology, University of Sargodha (2010-2011).
- Experience of teaching Social Psychology, Principles of Psychological Assessment, Sports Psychology, Educational Psychology, Health Psychology, Introduction to Psychology and experimental psychology to Master and BS (Hons.) classes.
- Worked as visiting faculty for BS in Mathematics, English, Computer Science, Fine Arts, Urdu and Sociology in University of Sargodha.

## ▪ RESEARCH PUBLICATIONS

1. Riaz, H., Tahir, W., Irfan, S., Saeed, W., & Khizar, U. (2021). Readiness For Online Learning as A Predictor of Academic Stress and Anxiety. *IRASD Journal of Management*, 3(2), 146–155. <https://doi.org/10.52131/jom.2021.0302.0034>

2. Abid, J., Yousaf, A., Adil, A., & Tahir, W. (2021). Mediating role of perceived social support between locus of control and assertiveness among university undergraduates. *Foundation University Journal of Psychology*, 5(1), 72-80. DOI 10.33897/fujp.v5i1.203
3. Tahir, W., Ghayas, S., Mazhar, S. (2020). Urdu Translation, Adaptation & Validation of Revised Paranormal Belief Scale for Pakistani Population. *Mental Health, Religion and Culture*, 24(3), 306-315.
4. Arif, F., Yousaf, A., Atta, M., & Tahir W. (2017). Relationship in grit, hope, happiness and life satisfaction among university undergraduates. *Journal of Social Sciences and humanities*, In press.
5. Ghayas, S., Niazi, S., Ghazal, M., & Tahir, W. (2017). Urdu translation and validation of Toronto Alexithymia Scale, *Journal of Indian Academy of Applied Psychology*, 43 (01), 114-122.
6. Tahir, I., Ghayas, S., & Tahir, W. (2012). Personality traits and family size as the predictors of alexithymia among university undergraduates, *Journal of Behavioral Sciences*, 22(03), 104-119.

#### ▪ PAPERS & POSTER PRESENTATION

- Presented paper on “Anxiety as a Mediator between Paranormal Belief & Loneliness” in 3-day International Conference on Health Psychology: Issues and Challenges, conducted by Department of Psychology, GC University, Lahore (April 26-28, 2017).
- Presented poster on “Relationship of Gratitude with Subjective Happiness and Depression among University Students” in 6th International Conference on Psychology of Gender in Perspective: Issues and Challenges conducted by National Institute of Psychology, Quaid-i-Azam University, Islamabad (December 1-2, 2016).
- Presented paper on “Effect of Parenting Style on Academic Achievement & Resilience Level of High School Students” in 5th international conference on Educational Psychology conducted by National Institute of Psychology, Quaid-i- Azam University, Islamabad (November 13, 2014).

- Presented lecture on “Death Anxiety and Death Obsessions among Clinical & Non-Clinical Groups” in Research Skills Enhancement Seminar held in Department of Psychology, University of Sargodha (May 7, 2010).

#### ▪ PROFESSIONAL TRAININGS

- Attended workshop on “Stress Management and Sedona Therapy for Emotional Healing” conducted by Department of Psychology, University of Sargodha (November 5, 2016).
- Attended workshop on “Exploratory Factor Analysis and Logistic Regression” conducted by Department of Psychology, University of Sargodha (March 16-17, 2016).
- Participated in “Research skills enhancement seminar” held at Department of Psychology, University of Sargodha (July 7, 2010).
- Participated in “Symposia on Indigenous Research on Schizophrenia & Expressed Emotions in Families” conducted by Dr. Ajmal Psychological Society, Department of Psychology, GC University Lahore (March 18, 2009).
- Participated in “Pre-conference Symposia on Culture & Gender Studies” conducted by Dr. Ajmal Psychological Society, Department of Psychology, GC University Lahore (March 17, 2009).

#### ▪ EXPERTISE & INTERESTS

##### **Computers:**

- SPSS
- Software: (MS Office 2010, MS Power Point, Spread sheet)
- Internet, Email and basic computer operations

##### **Test development**

- Keen interest in test construction and validation.

#### ▪ REFERENCES

**1. Dr. Adnan Adil, Assistant Professor, Department of Psychology, University of Sargodha, Sargodha.**

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**2. Dr. Saba Ghayas, Assistant Professor, Department of Psychology, University of Sargodha, Sargodha.**

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